TECHNOLOGY DEVICES FOR OLDER ADULTS

TINA BARNETT

Elderberry Care Tech Consulting
& LEARN Idaho

BARRIERS TO TECH ADOPTION BY OLDER ADULTS

- Awareness of these products
- Accessibility to these products
- Anxiety over using them / learning them
- Configuring them
- The startup experience
- Customizing these products
- User training (which can be ongoing)
- Price of these products
- Support

GOOGLE CHROMEBOOK

Pros of using Chromebooks

- Chromebooks (and other Chrome OS devices) are **very cheap** by comparison to traditional laptops / computers.
- Chrome OS is **fast and stable**.
- **Machines are typically light**, compact and easy to transport.
- They have **long battery life**.
- **Viruses and malware pose less of a risk** to Chromebooks than other types of computer.
- **Chromebooks can reduce reliance on IT professionals** and lower software costs.
- **They integrate very neatly with Google Workspace**.
- **They're a good option if you chiefly use browser-based apps** for work or entertainment.
- You can **install an increasingly wide range of Android and Linux apps on them**.

Cons of using Chromebooks

- Whilst you *can* use Microsoft 365 on a Chromebook (via the online version or Android apps), **some features will not be available**.
- Although you can edit images and video on Chromebooks, they are **not the best option for multimedia applications**.
- **Working offline on a Chromebook arguably requires a bit more advance planning** than using a Windows or Mac OS-based laptop.
- **They're not great for gaming**.
- If you are **extremely dependent on a piece of software** that does not run in a browser or on Chrome OS, Chromebooks are not for you.

Acer Chromebook Spin 311 Convertible Laptop, Intel Celero...

4.5 out of 5 stars 10,810

$162.19 $289.99

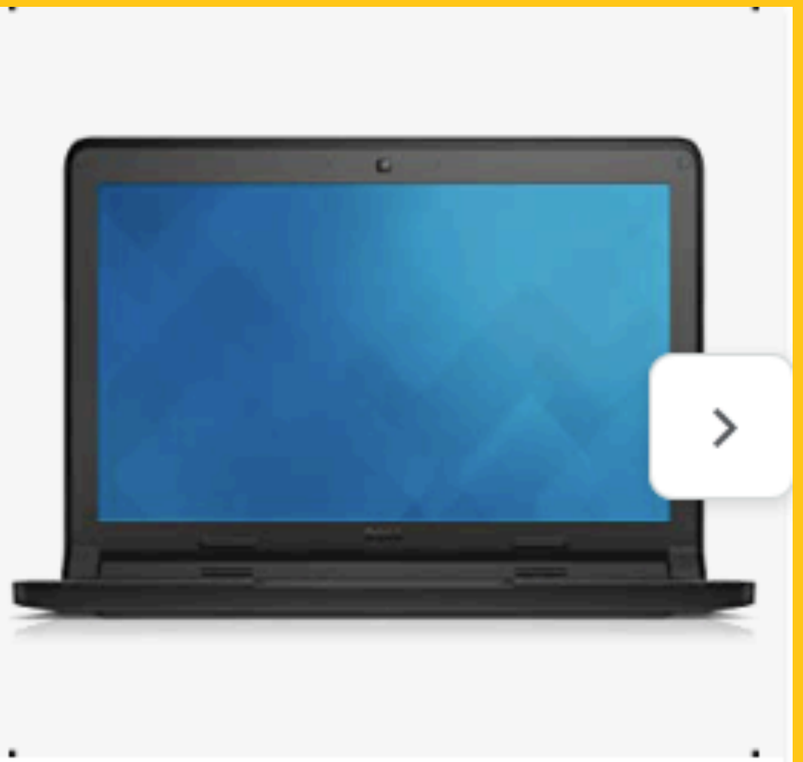
Climate Pledge Friendly

HP Chromebook 14-inch HD Laptop, Intel Celeron N4000, 4...

4.5 out of 5 stars 6,038

$212.00 $227.00

Climate Pledge Friendly



Dell ChromeBook 11 -Intel Celeron 2955U, 4GB Ram, 16GB...

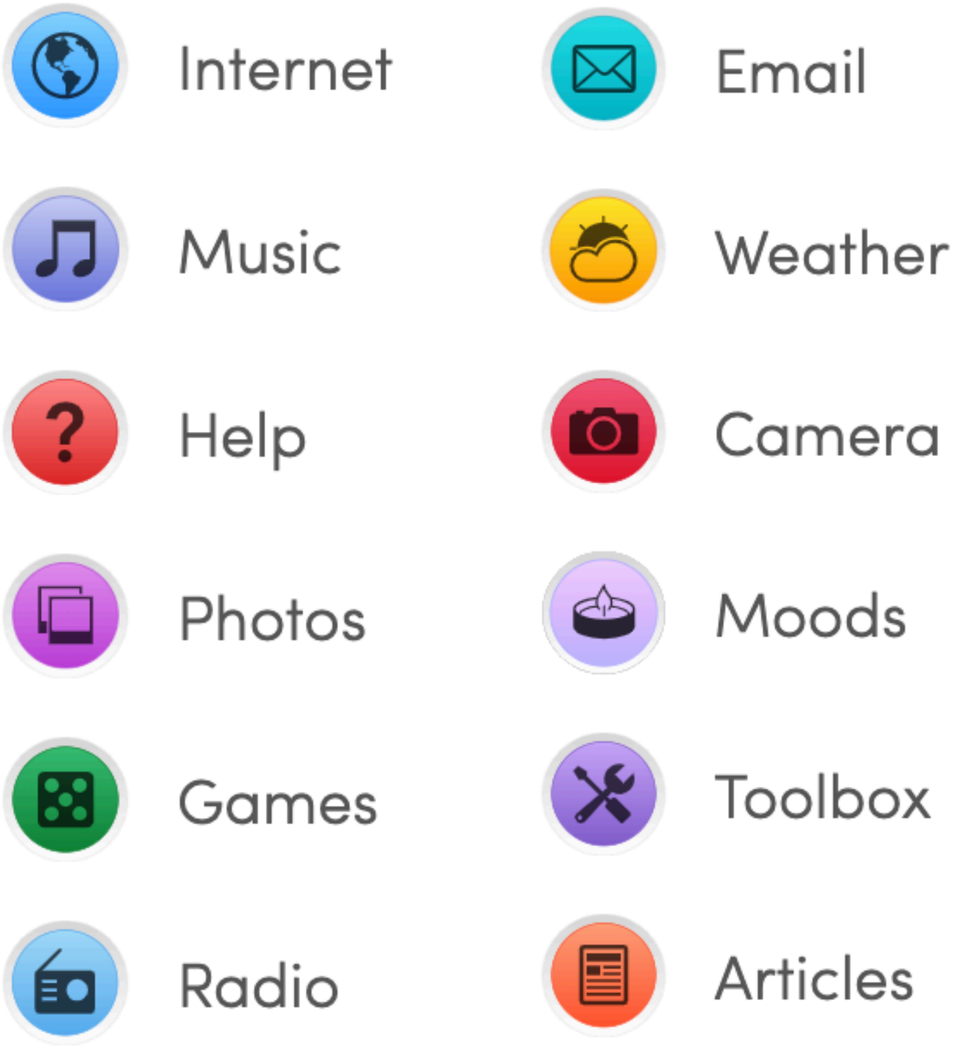
4.0 out of 5 stars 5,415

$59.00 $68.00

Climate Pledge Friendly

Call
New Email
New Photos
Tap a button. Tap the arrows to see more
grandPad

GRANDPAD



The GrandPad tablet is a highly-sought mobile device for seniors that is user friendly and easy-to-follow. GrandPad has pre-installed games and communication applications, internet connection, and a long-lasting battery life. The device includes walkthrough video instructions and enables users to easily communicate with loved ones across a variety of devices. GrandPad does not require a contract, but instead has a monthly service fee that covers the cost for internet and security features. The GrandPad company has great reviews and an excellent rating from the Better Business Bureau. GrandPad is powered and sold through its partner, Consumer Cellular.

SUBSCRIPTION OPTIONS

Unbeatable Value. Unforgettable Memories.

We include EVERYTHING you need (tablet, cellular data, software and 24/7 customer care)!

Annual Subscription + Best Value

$65 /Month*

*Annual Subscriptions billed yearly at: $780 for 12 months

SAVE $288 VS Monthly Subscription

- Tablet, Stylus, Charger
- Free Shipping + Free Setup

Buy Now

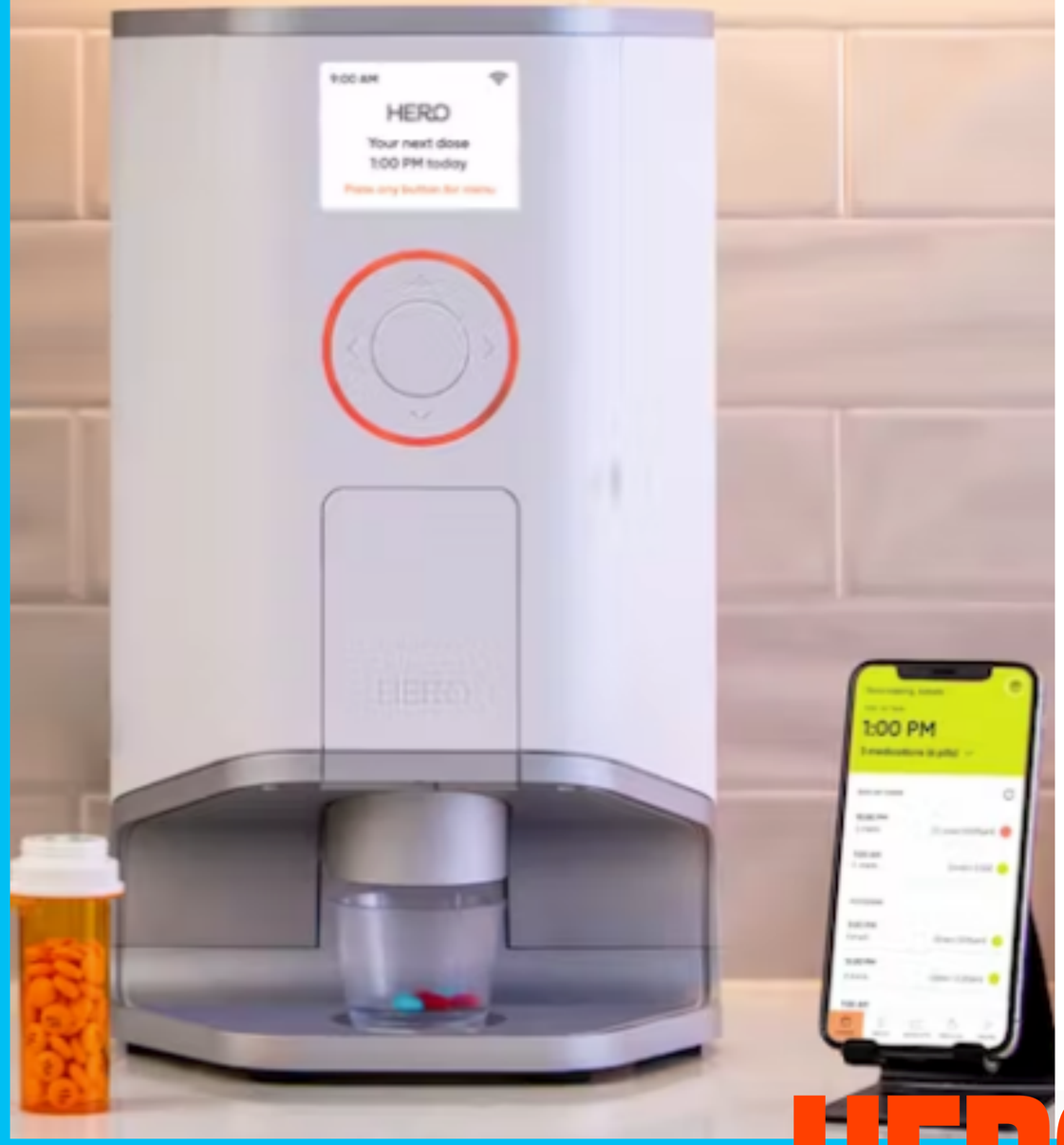
Monthly Subscription

$89 /Month*

*Annual Subscriptions billed monthly

- Tablet, Stylus, Charger
- + $29 Shipping + Setup

Buy Now



An award-winning smart dispenser

Hero's smart dispenser alerts you when it's pill time with a sound and blinking light. One-button press sorts and dispenses your dose.

- Holds up to 90-day supply of 10 meds
- Supports any pill size or shape
- Fits all standard kitchen counters

DIMENSIONS

9 in x 9 in x 15 in
(22.9 cm x 22.9 cm x 38.1 cm)

WEIGHT

10 lbs

HERO PILL DISPENSER

1. Pick a countertop

No more messy pill bottles! The smart dispenser is about the size of a coffee maker and fits on any kitchen counter.

2. Connect to Wi-Fi

Setting up Wi-Fi on the smart dispenser connects it with the app so we can dispense your meds according to your schedule.

3. Download the app

Simply add your medication schedule into the app and pour your meds into the easy-to-load containers.

4. Press one button to dispense

Once set up, the dispenser lights up and makes a sound when it’s pill time. One-button press sorts and dispenses your dose.

A medication management app

Add your medication list into the app to receive pill-time reminders, missed-dose alerts, and track what you took and when.

- Remote caregiver monitoring for safety and medication schedule management
- HIPAA-compliant security

24 months
Pay $720 upfront

SAVE 33%

$29.99/month

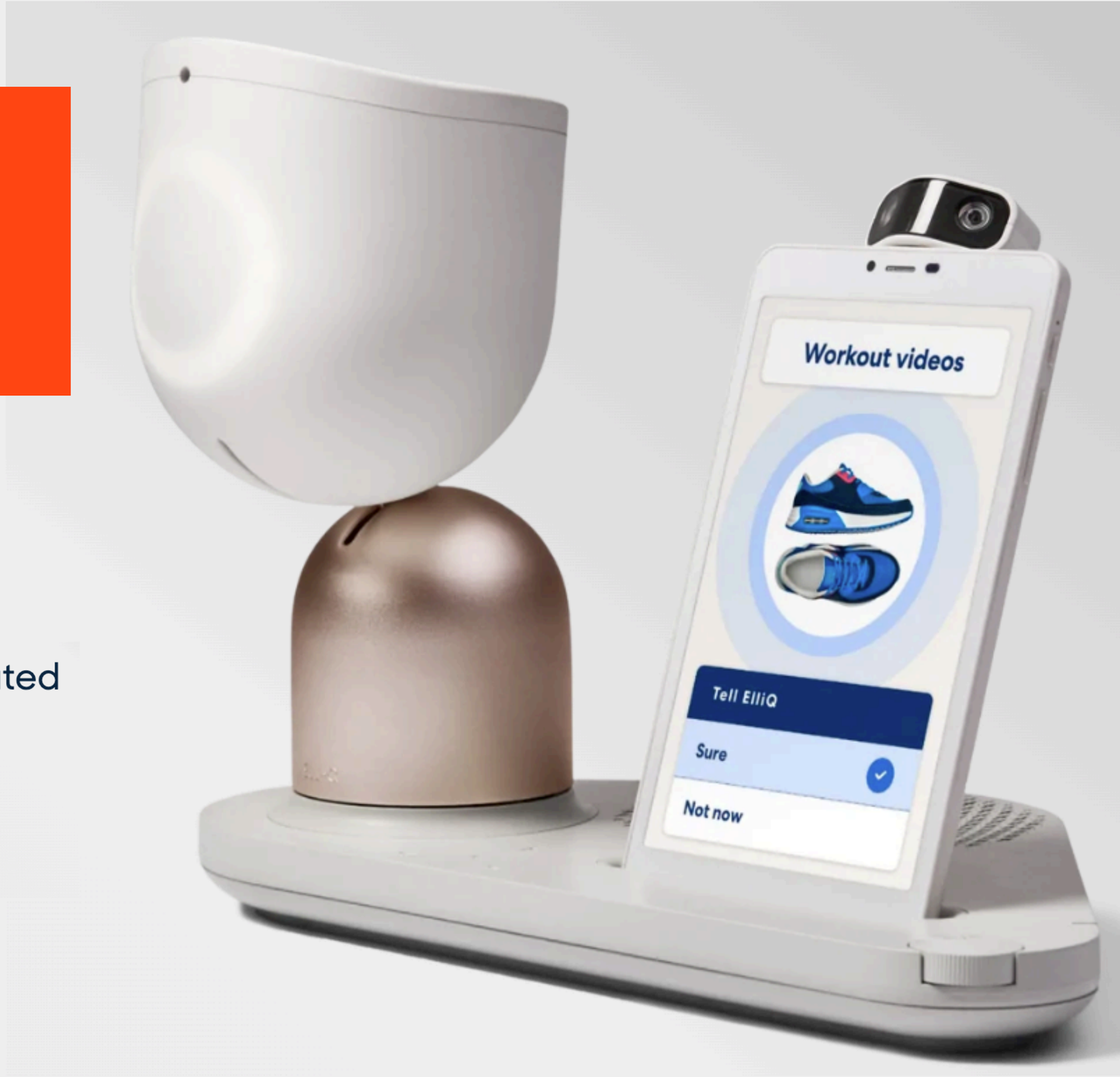
BEST VALUE

ELLI·Q

A Social Home Robot for Older Adults

ElliQ is the first ever proactive, voice-operated care companion designed to empower independence and support you in taking control of your social, mental and physical wellbeing.

Subscription service
$29/mo. with set up fee



Companionship & Entertainment

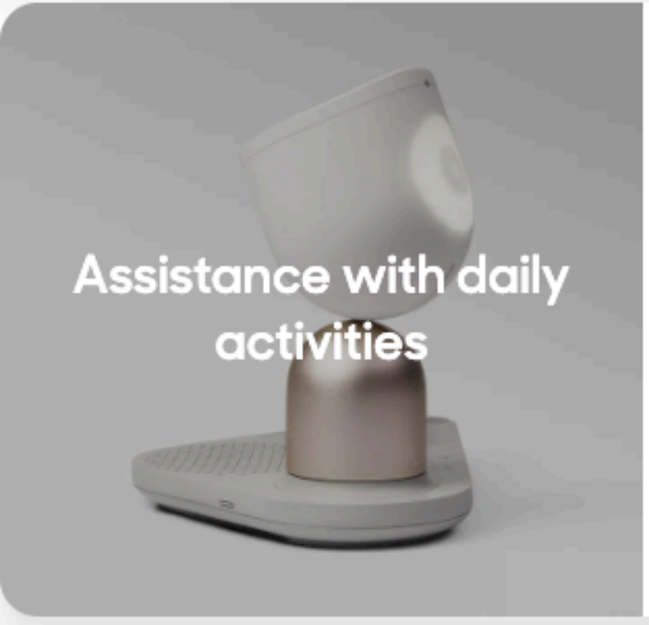
- Conversation
- Inspirational quotes
- Interesting facts
- Music
- Jokes
- News
- Weather
- Sports updates
- Holiday celebrations
- Games

Health & Wellness

- Daily check-ins
- Set and track your wellness goals
- Assessment of general health, sleep, pain, anxiety, depression
- Mindfulness,stress reduction, and breathing activities
- Tracking of measurements
- Physical activity videos
- Cognitive games

Connection to loved ones & outside world

- Messaging (voice, text, photo) with loved ones
- Video calls
- Memory sharing
- Notifying loved ones on health matters (with your consent)
- Connected picture frame
- Digital greeting cards



Assistance with daily activities

- Reminders
- Local search for professionals
- Timers
- Book transportation

SMART HOME

Built-in hub to voice control compatible lights, locks, and sensors. Easily set up compatible devices or select Ring Smart Lighting solar lights and bulbs.

ALEXA IS READY TO HELP: Set timers, reminders, and alarms. Alexa answers questions like "Alexa, what time is it?”

START YOUR ROUTINES WITH MOTION - Turn on compatible lights, play your Flash Briefing, or turn on the coffee maker when you walk into the room.

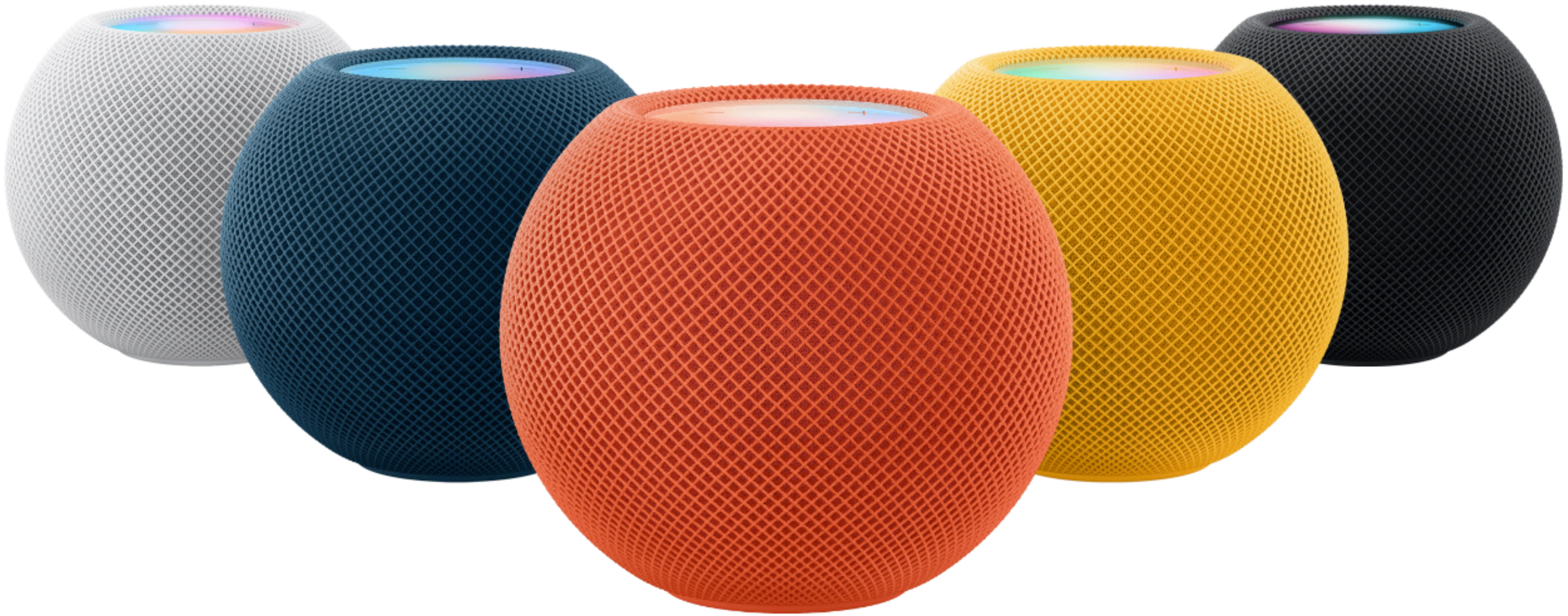
Video call with anyone

Connect with friends, family and co-workers even if they don't have a Portal.

Messenger WhatsApp Zoom

Enjoy music, videos, news, games *and more* from our growing list of partners.

mini



Smart Home Accessories

Nanoleaf Essentials A19 Bulb

$19.95

Smart Home Accessories

Logitech Circle View Wired Doorbell

$199.95

Smart Home Accessories

Belkin Wemo Smart Plug with Thread

$24.95

Hey Siri, how many ounces are in a cup?

Convert units and measurements.

Hey Siri, add flour to the grocery list

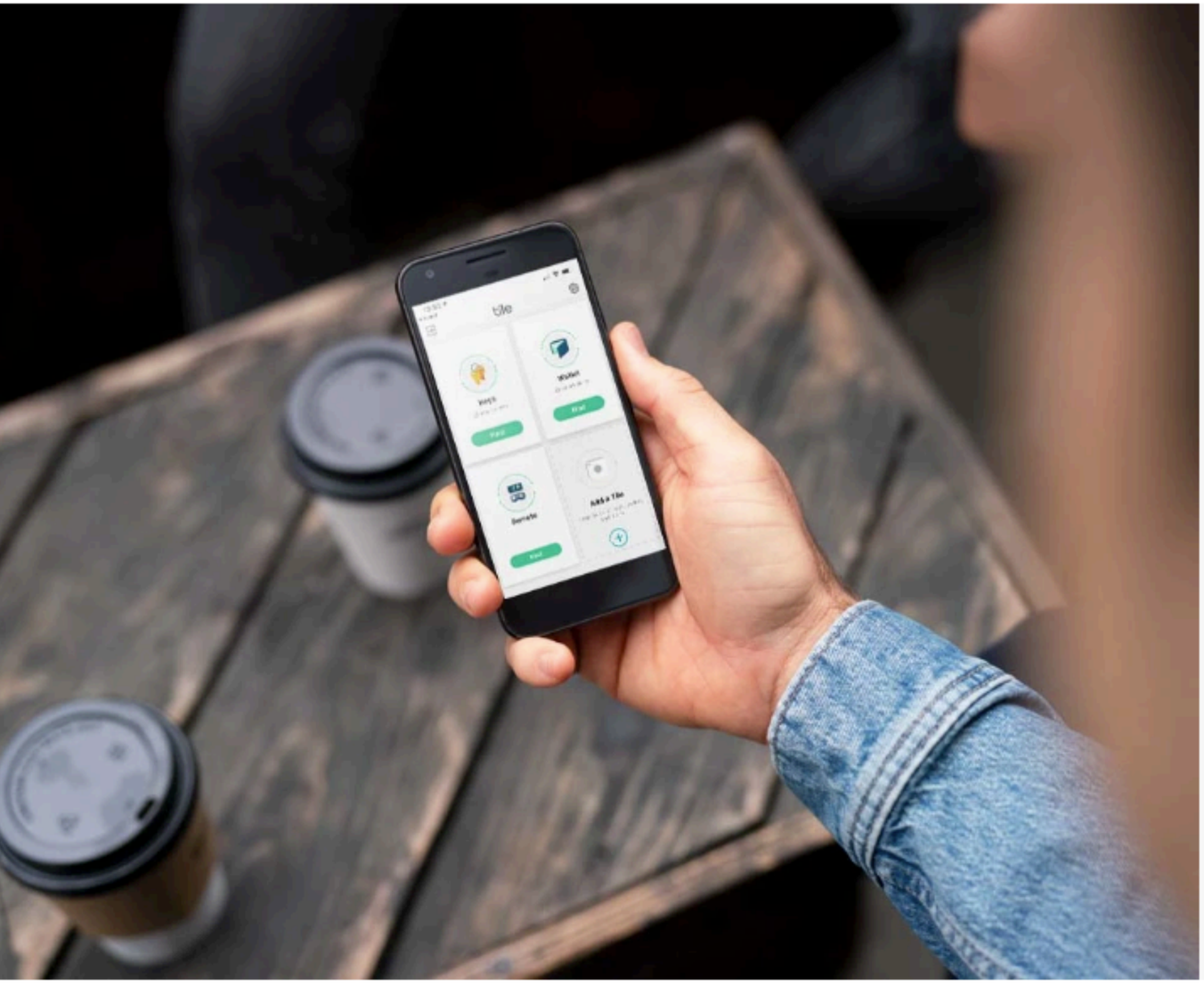
Create lists and reminders. Siri will update them across all your devices.

Hey Siri, how long would it take me to get to the airport?

Get information for your location, including directions that have the latest traffic.

ring VIDEO DOORBELL

See, hear, and speak to visitors from anywhere with Ring's best-selling Video Doorbell. Capture clear picture with 1080p HD video with Night Vision and talk to visitors at your door with Two-Way Talk and Quick Replies. Customize your motion settings and get real-time notifications on your phone and tablet, no matter where you are.



How Tile Works

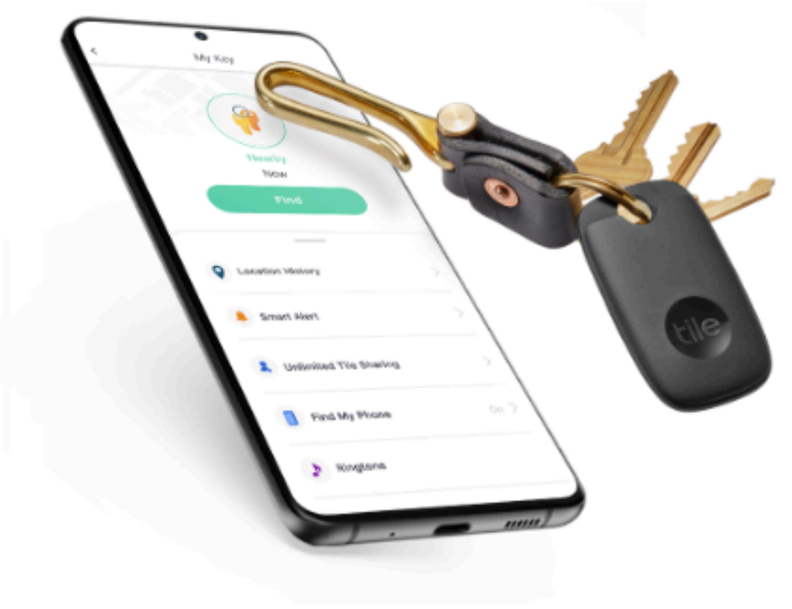
Tile helps you keep track of your things.

Find misplaced things nearby and far away with Tile trackers and the free Tile app that works on both iOS® and Android™. Add a Premium plan and all your Tiled items will be covered before and after you lose something.

You can find nearby

Find your things

With Tile, you have a backup plan when you're heading out and your keys are nowhere to be found. Just tap "Find" in the Tile app and the Tile on your keys will ring. Watch the Tile Detector's green rings fill in as you get closer to them.



Smart Home finding

Use your voice to find things around the house. Just ask Amazon Alexa or Google Assistant to find your remote, keys or anything else with a Tile on it. It's easy to set up and hands-free finding is even faster.

OVER-THE-COUNTER
HEARING AIDS
WHO WILL BENEFIT?
Someone with mild to moderate hearing loss that may have trouble hearing every once in awhile
WHO WILL NOT BENEFIT?
Someone with severe hearing loss that will have difficulty carrying on a conversation without face to face contact or visual cues
Pixel-Shot / stock.adobe.com
HEARING AIDS

	OTC hearing aids	Prescription hearing aids
Regulated by FDA	Yes	Yes
Levels of hearing loss covered	Mild to moderate	Mild, moderate, severe, and profound
Average price	$1,600*	$4,600
Hearing exam required?	No	Yes
Prescription required?	No	Yes
Fitting appointment required?	No	Yes
Purchasing options	In retail stores, online, and in some hearing care clinics	Hearing care clinics

“Over the Counter Hearing Aids - What to Know”
National Council on Aging, Nov 2022

MEDICAL ALERT WATCH

The Kanega Watch

- Can be worn 24/7; no need to ever remove to charge
- Fall detection built into watch
- Watch learns wearer's movements - minimizing false alerts
- WiFi AND cellular connectivity - for best call coverage/GPS
- 3 ways to get help; button, voice OR fall detection
- Connects to US-based monitoring center with all wearer's info
- Can wear in shower, doing dishes, etc.

Meet the Kanega Watch

- ONLY medical alert watch with fall detection
- REAL 24/7 Protection—Never remove to charge
- Price lock guarantee—No price increase, ever.
- 30-Day Full Money Back Guarantee—Learn More

"Best for fall detection" – PC Magazine

MADE IN USA

SIMPLE TECH DEVICES

LIGHTED CANES

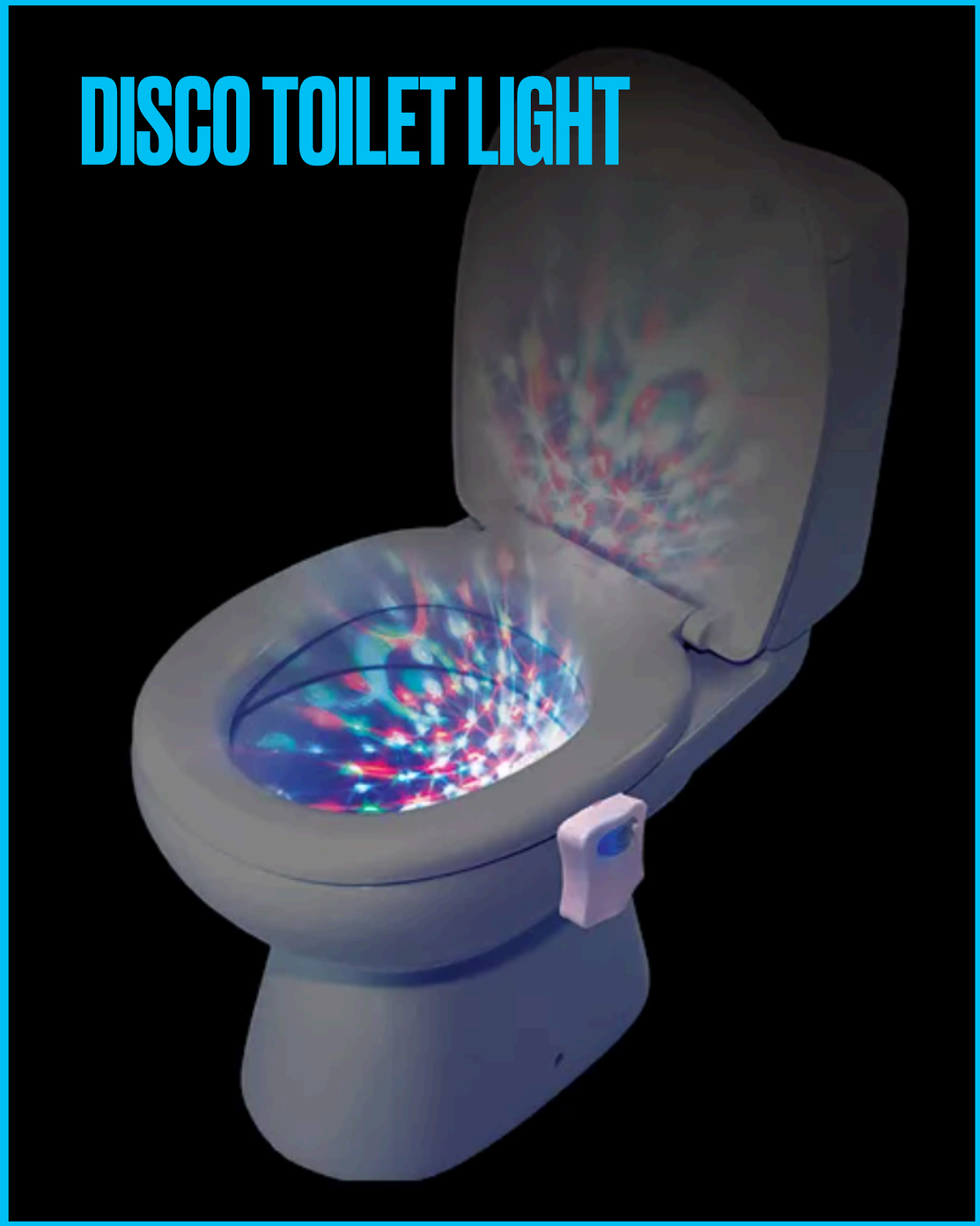
Two Led Light & Different Use

1.Go up/down stail
2.When get up at light
3.every dark place we want to go

SINGLE AND MULTI-DEVICE CHARGING STATIONS

MOTION SENSOR NIGHT LIGHT
Motion Sensor
23 LED
35,000 Hours
Minimum
Plug
Consumption 3W

DISCO TOILET LIGHT



APPLICATIONS

My Data Diary+®

Family Information Management Software

Having the right information, in the right place, and at the right time will save you time, money and frustration. It could even save your life!

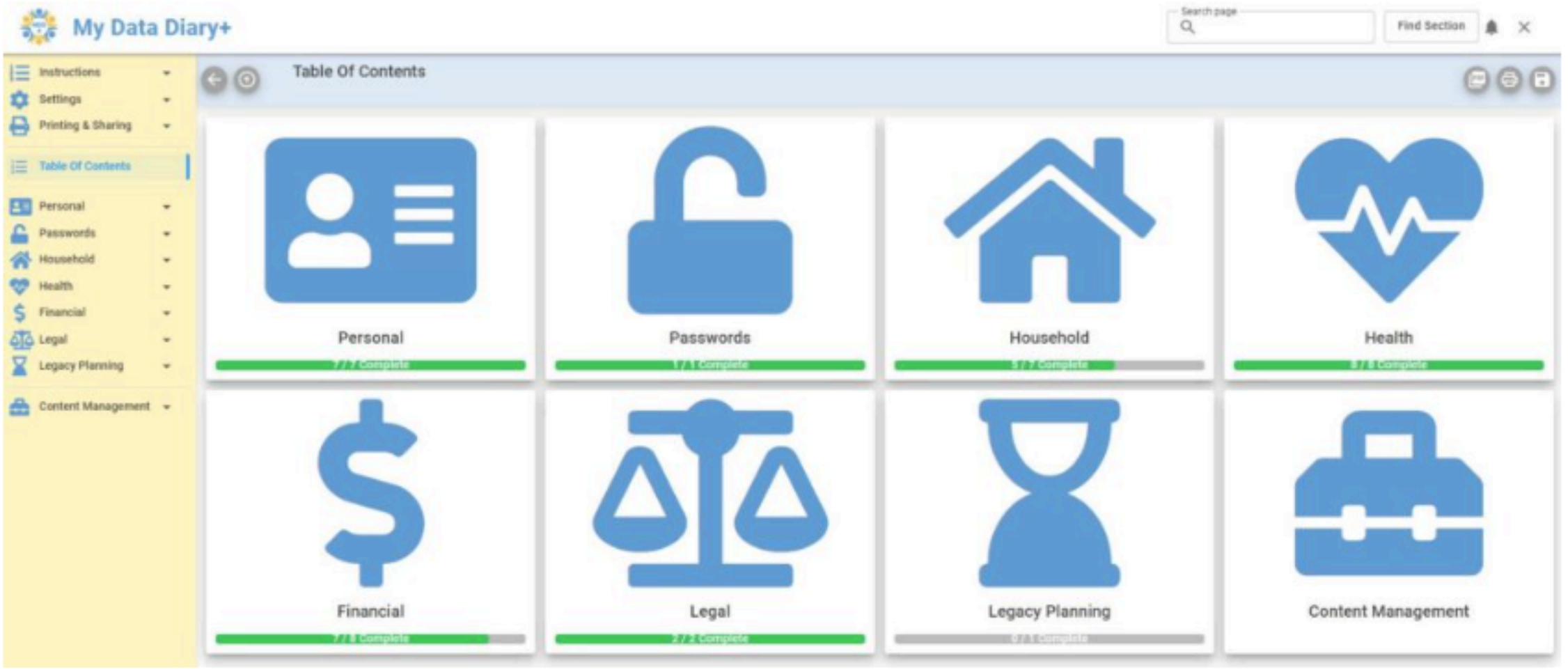
The **My Data Diary+** family information management tool is designed to capture, store, and share the personal, household, medical, financial, legal, and legacy information and documents that you need to manage your daily personal affairs in a digital world. The tool can also be used to share important information with trusted family members, caregivers, friends, and professional advisers who may be called upon in an emergency to help you and your family.

Simplify the Business of Life

Only $50

One time price per household

Buy Now



A place for everything, and everything in one place!

How Does it Work?

My Data Diary+ organizes and stores all of your personal, household, health, financial, legal, and legacy information and documents in a digital format that is easy to update and share.

Is it Secure?

The My Data Diary+ software is provided to you on a USB drive. Your information is stored in a 256-bit encrypted and password protected personal database.

Why Do I Need It?

The world is going digital, and easy access to personal information is critical for all people over the age of 18. My Data Diary+ provides you with ready access to all of your important documents whenever and wherever you need them.

What is Required?

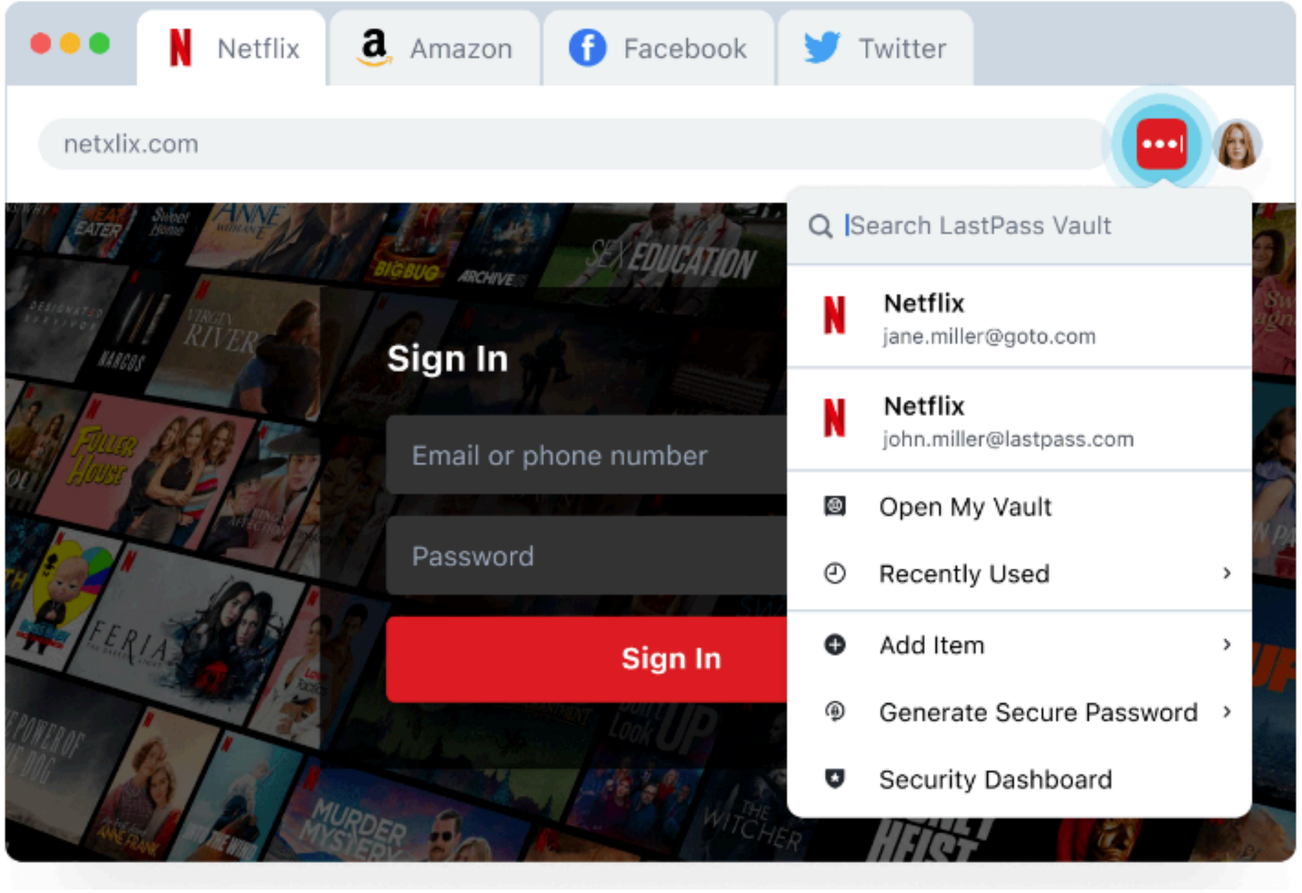
The My Data Diary tool is compatible with the following Windows and Mac operating system verisons:

- Windows Client: 8.1
- Windows 10 Client: Version 1607+
- Windows 11: Version 22000+
- Windows Server: 2012+
- Mac OS X: 10.15+

LastPass

1. Get the LastPass password browser extension.

Install the extension in your browser for saving & accessing your passwords.



Access, granted.

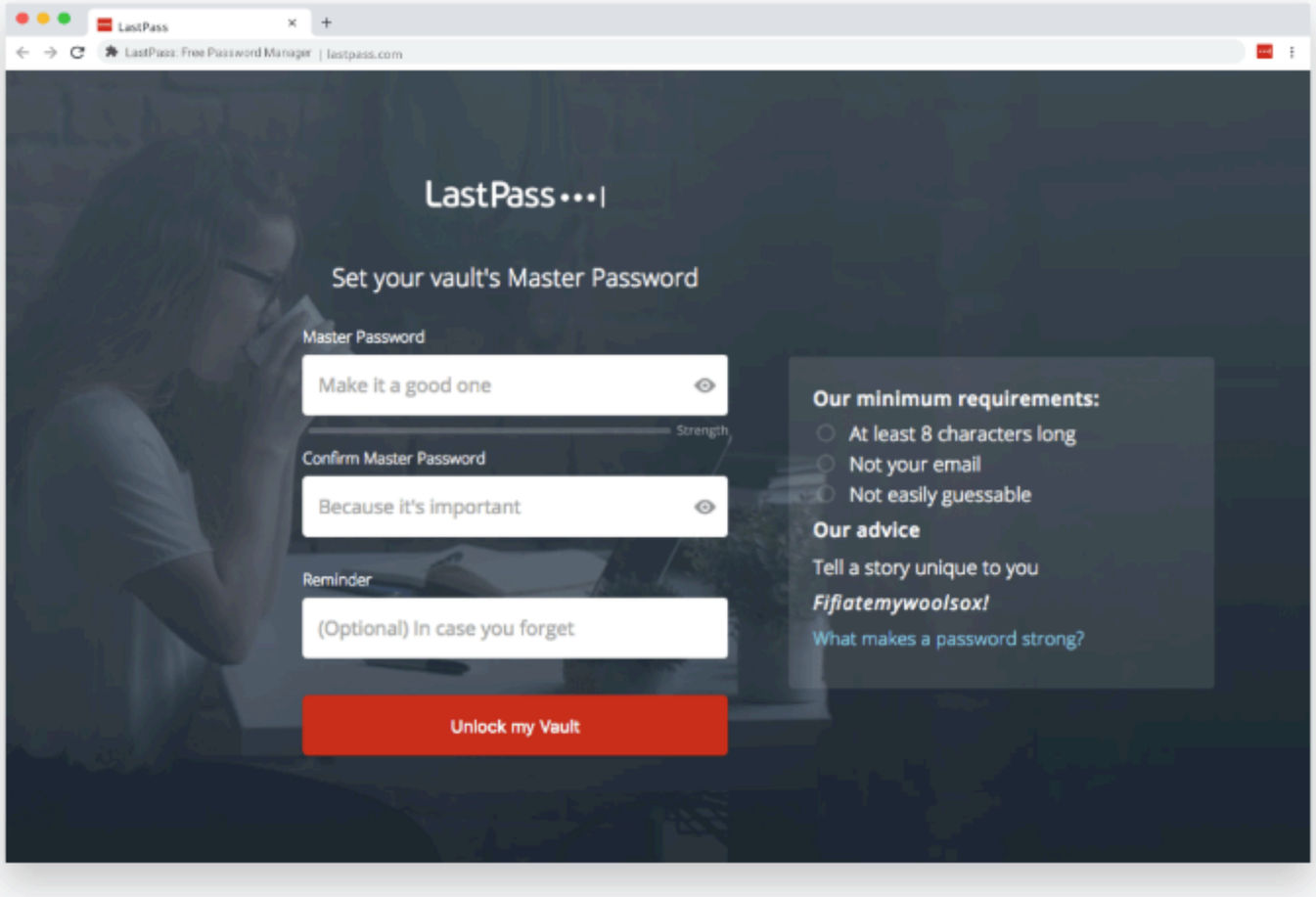
After you download LastPass, you'll find the LastPass button in your browser toolbar. This button is where you log in to LastPass every day.

Get the extension for your favorite browser.

Get LastPass Free

2. Make a strong master password.

Create your account with one long, secure master password and let LastPass do the rest.



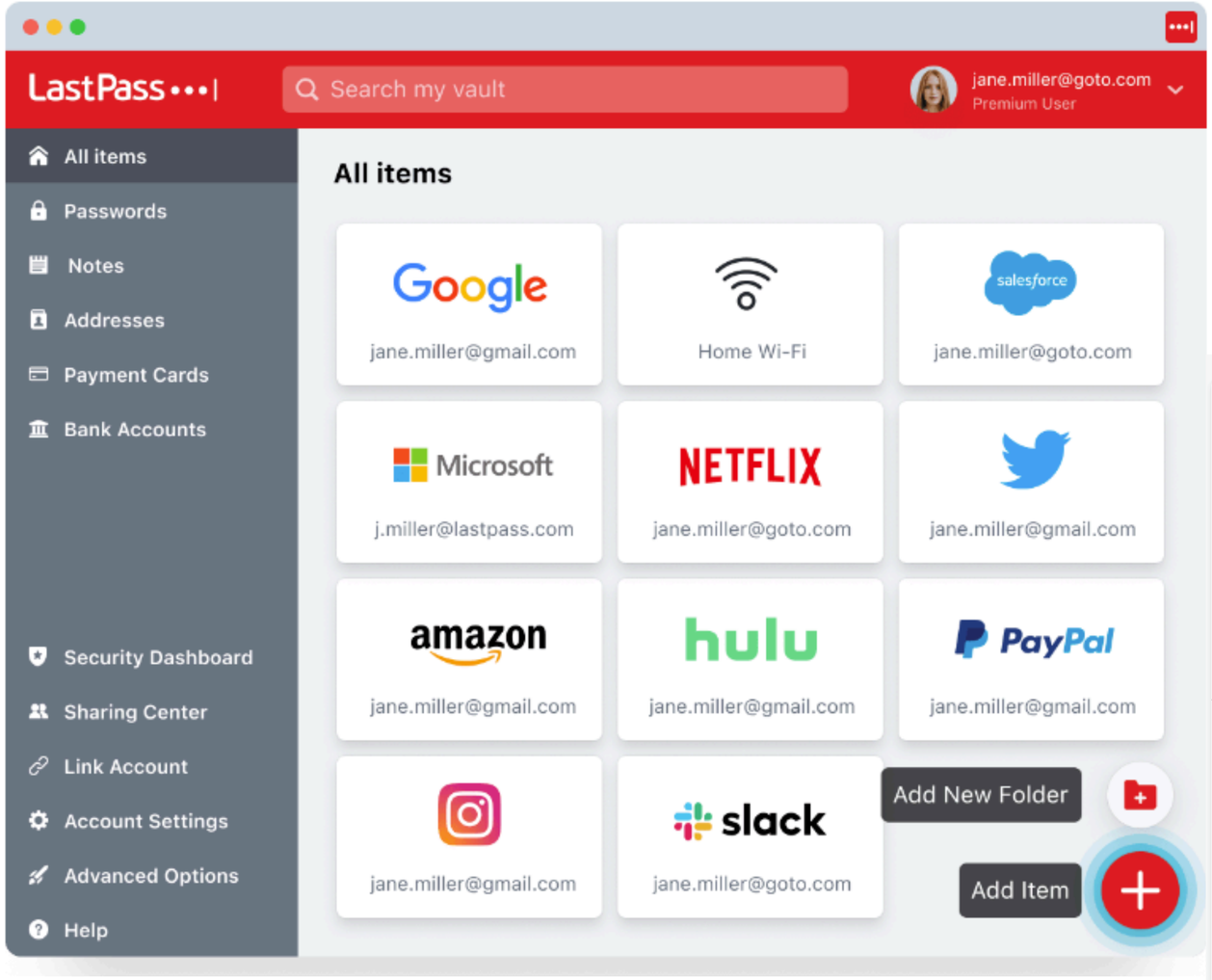
Your last password... ever.

A **memorable passphrase** is the easiest way to create a super strong master password. Just look around for inspiration. It could include the lyrics to a song, a quote from a movie and the color of your favorite coffee mug.

Check out our blog for tips on How to Make a Strong Master Password.

3. Explore your LastPass password manager vault.

Where you can add, view and manage items that you've saved to LastPass.



Add Sites.

Forgetting passwords is a thing of the past. Start by filling your password vault. We have many ways for you to add sites: let LastPass save sites as you login, import sites from your email, import/upload from another password manager, and more.

Free

$0

Get Started for Free

Includes 30-day trial of Premium

- Unlimited passwords
- Access on one device type – computer or mobile
- 30-day Premium trial
- Save and autofill passwords
- One-to-one sharing
- Passwordless login
- Password generator

Premium

$3.00 per month billed annually

Start 30-day Free Trial

Buy Premium

- **Includes all Free features**
- **Access on all devices**
- **One-to-many sharing**
- **1 GB encrypted file storage**
- Security dashboard
- Dark web monitoring
- Emergency access
- Priority tech support

Best Value

Families

$4.00 per month billed annually

Start 30-day Free Trial

Buy Families

- **Includes all Premium features**
- **6 individual, encrypted vaults**
- **Family manager dashboard to manage users and security**
- **Group and share items in folders**
- Individual encrypted storages
- Personal security dashboards and notifications

Medisafe – *Manage Your Medications*

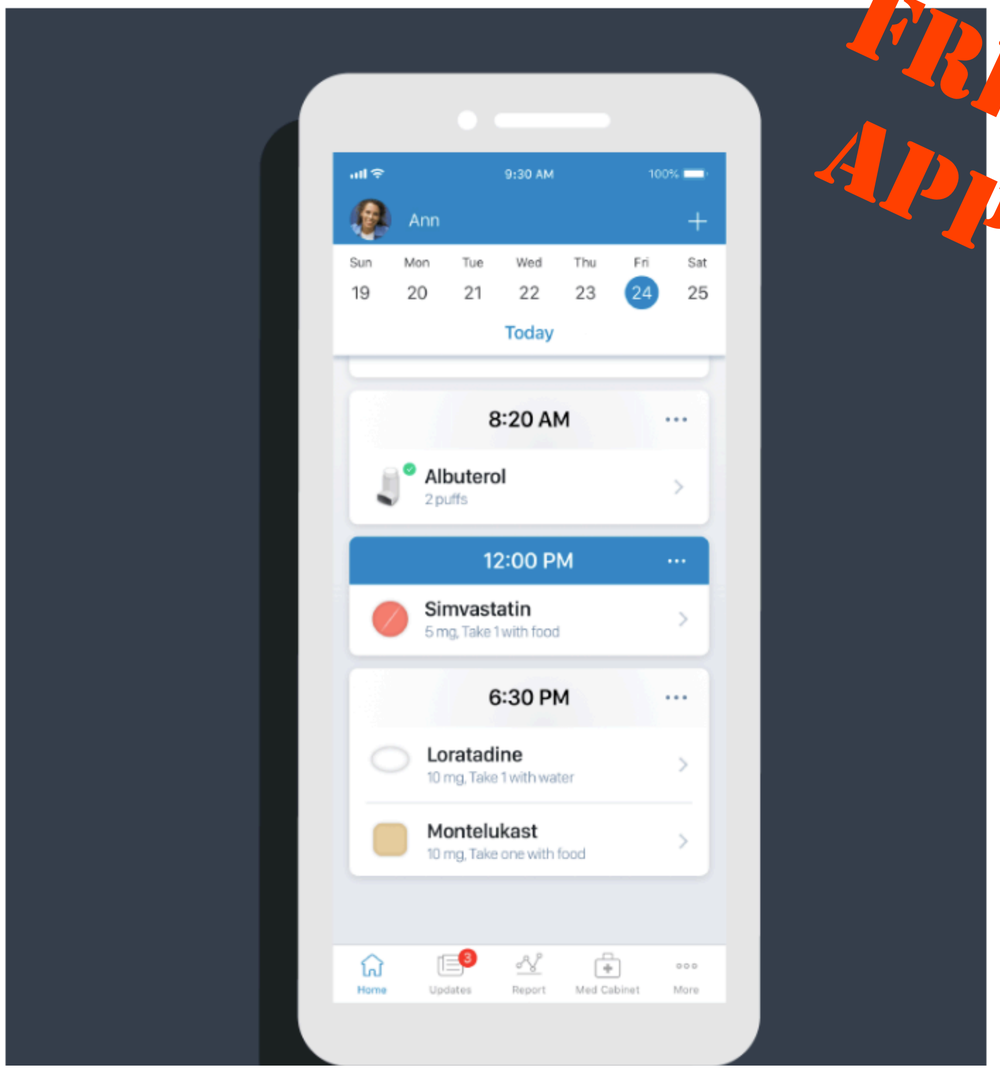
Available for iPhone and Android
Cost: Free

For older adults who may take multiple medications at different times of the day, forgetting to take prescriptions and get refills on time are significant problems. In fact, about 50 percent of prescriptions filled are not taken as directed by a doctor or pharmacist.[2]

Medisafe helps you manage your medications and get reminders. Simply input your prescriptions and timings, and Medisafe will create a visual schedule complete with images of each pill and a list of potentially harmful interactions. It will then give you reminders throughout the day when it's time to take a medication, let you know if a prescription is running low, and even alert a friend or family member of a missed dose.

MANAGE MULTIPLE PROFILES

Medisafe



PillPack by Amazon Pharmacy is a full-service online pharmacy that allows you to fill your prescription digitally and receive it straight to your door. The company sorts all medications by date and time for customer convenience and delivers them monthly. PillPack by Amazon also offers automatic refills, managing patients' prescriptions by communicating with their doctor.

by amazon pharmacy

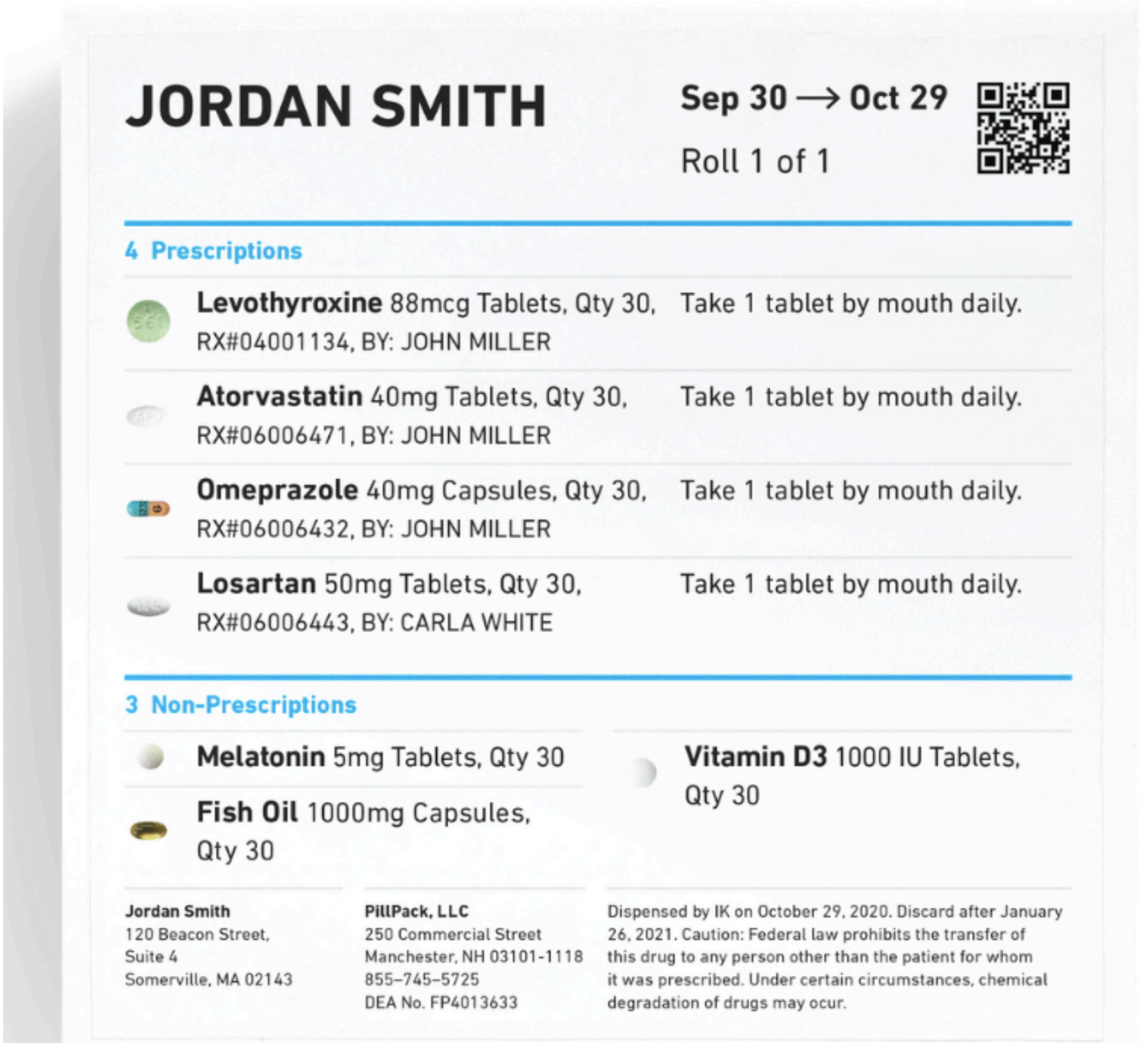
Notable Coverage Exclusions

-Medicare Part B

-Many Medicaid plans

We'll sort your meds by date and time

See how it works >



Deliver them to you every month

See how it works >

caringvillage™

FREE APP

What is Caring Village?

Caring Village is the only easy-to-use dashboard and mobile app designed specifically for family caregivers, like you, making it easier, safer, and less stressful to care for an aging loved one. Your personalized village becomes the "Command Center" for all of your caregiving activities. Invite family, friends, neighbors, and care professionals to share in the care.

Personalized Village

Each village is focused on one person - they're at the center of everything.

NO LIMITS

Include as many people as you'd like in your village at no extra cost.

FULL CONTROL

Role-based permissions ensure the right people get the right info at the right time.

EASY INVITES

Invite friends, neighbors, relatives, and anyone else involved in the care of your loved one quickly and easily.

Personalized To Do Lists

Share the care with others, no matter where they live.

Customizable Care Plans

Create a daily or weekly schedule of care for your loved one.

Wellness Journal

Keep your village updated or check in on the day-to-day status of your loved one.

calendar_64x64

Centralized Calendar

Coordinate schedules and avoid missed appointments.

Secure Messaging

Communicate quickly and effectively with village members.

Document Storage

Upload important documents and access them anywhere.

Preparedness Checklists

Prepare for the unexpected of tomorrow.

FREE
APP
Red Cross Mobile Apps and Voice-Enabled Skills/Actions
Download for free at the Apple, Amazon and Google stores

First Aid: American Red Cross

The unfortunate reality of caring for someone is that an accident can happen at any time. No matter how cautious you are, normal challenges that come with aging like reduced mobility and balance can lead to accidents and injuries. When these things do occur, you need to address the issue quickly and you don't want to rely on intuition alone. This is when the First Aid: American Red Cross app can be an essential tool in caring for your loved one.

This app offers its users professional advice, helpful videos, step-by-step instructions, and integrated 9-1-1 calling.

What's Great About First Aid: American Red Cross:

First Aid: American Red Cross is not only rich in information, but all that information is available offline. If you are in the woods without signal or have your phone in airplane mode during your flight, the tools you need are still readily available. This can be life saving in an emergency situation where there's no one nearby to help.

Get the App:

- iPhone/iPad (free)
- Android (free)

CARING BRIDGE

Journal

An injury or health crisis takes a toll on both your physical and mental well-being. Even something simple like texting or emailing updates to loved ones and friends is one to-do too many.

- Add to your CaringBridge Journal as often as you need to keep everyone posted on your progress or write through the highs and lows of your healing journey.
- Family and friends can react to your entries and leaving encouraging comments.

Planner

You have so much on your plate right now. From day-to-day errands to the specific chores created by your health journey, your to-do list is overwhelming. The CaringBridge Planner can bring you relief. Easily ask your community to help with some of your tasks and share the responsibility.

Ways to Help

Your Ways to Help section includes a number of tools to make it easy to communicate your needs.

- Start a GoFundMe for any of the things you need during your health journey — from healthcare costs and meals, to airfare or even childcare.
- Start a Meal Train to organize those who want to provide support through home-cooked meals and more.
- Order groceries with Shipt to help with everyday essentials.

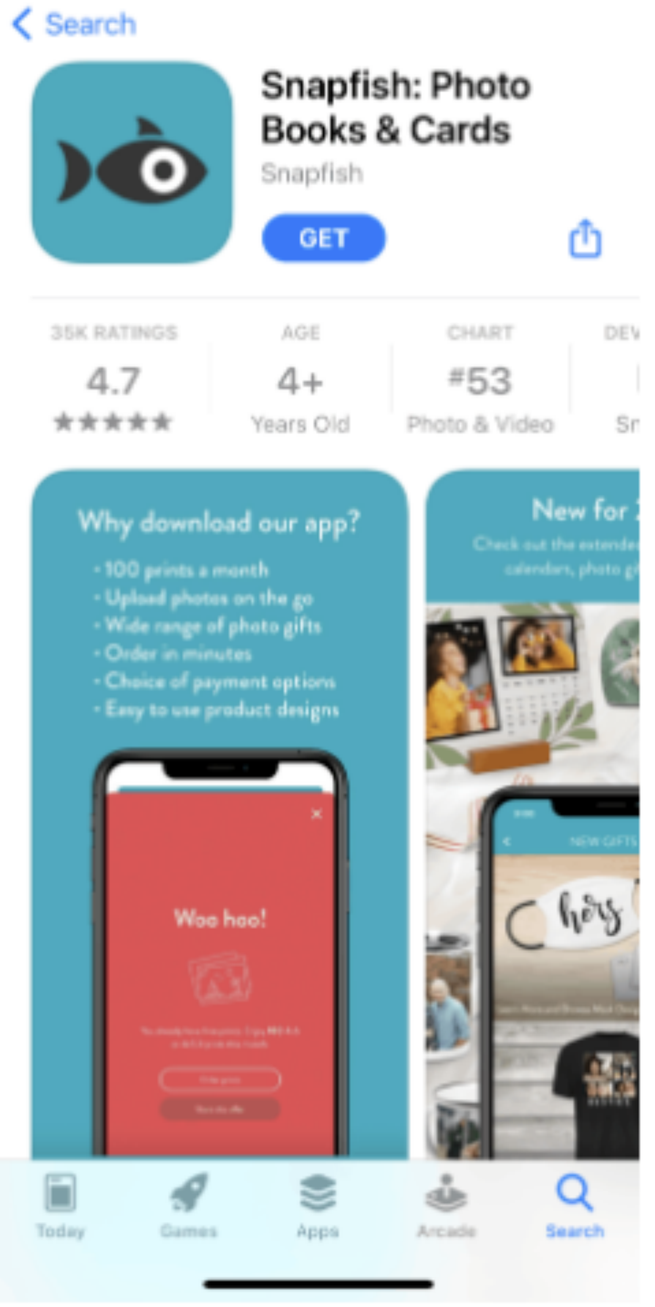
LIKE A WEBSITE

Snapfish – Get Those Photos off Your Phone

Available for iPhone and Android

Cost: Free

We're all taking more photos than ever, but hardly any of those photos ever leave the digital world. Creating photo books no longer requires any tech-savvy or artistic flair as you can simply choose your favorite shots, and the app will do the rest. Snapfish makes it easy to order photo books and prints right from your phone and have them delivered.



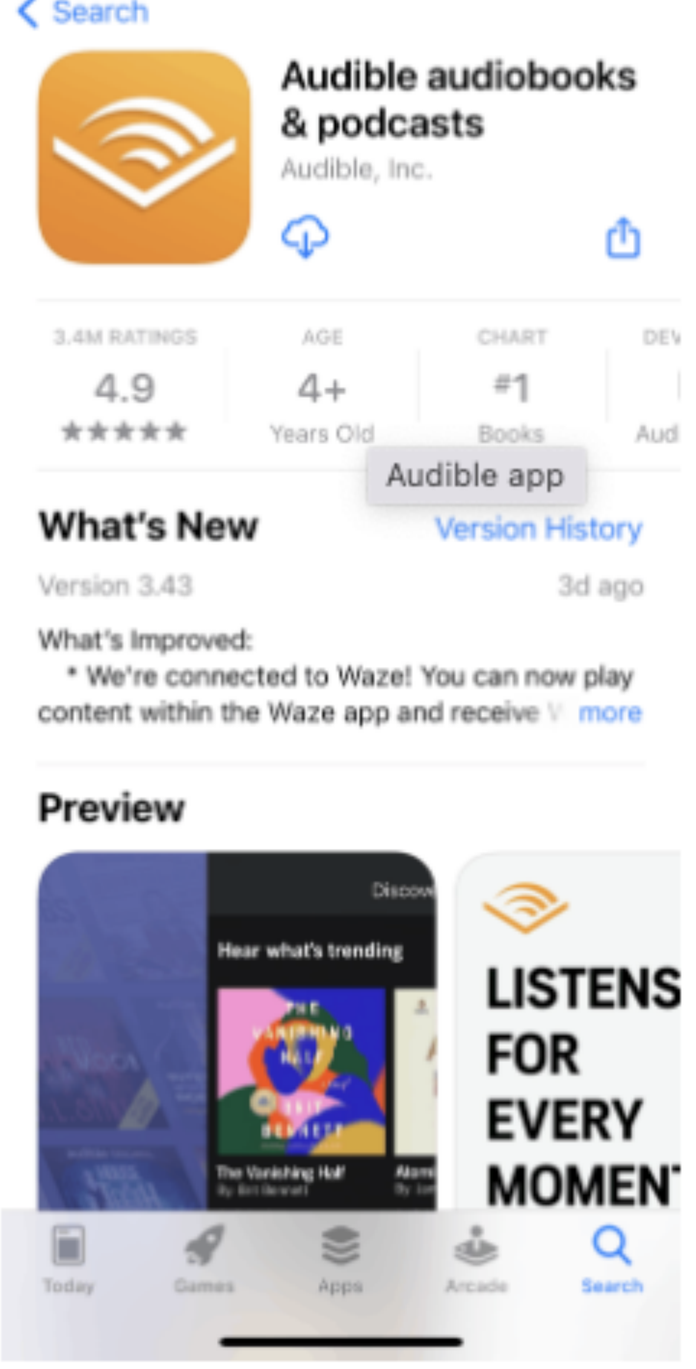
Snapfish app

Audible – *Escape Into a Good Book*

Available for iPhone and Android
Cost: Free; requires a paid subscription after free trial

For seniors who have vision problems or arthritis that may make holding a book uncomfortable, audiobooks are a great alternative to print. Audiobooks have never been better, featuring excellent narration by voice talent or the author themselves.

Audible has the largest selection of audiobooks available. It's free to download, and you'll pay for a subscription to access books. Audible also offers a free trial period, so make sure to take advantage of this 30-day freebie!



Audible app

Mahjongg

VIEW MORE >

Mahjongg Toy Chest

AARP Rewards Mahjongg Dimensions

Mahjongg Candy

Solitaire

VIEW MORE >

FreeCell Solitaire

Pyramid Solitaire

Word

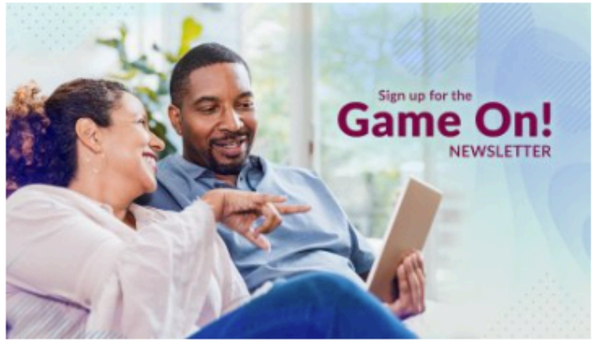
VIEW MORE >

AARP Right Again! Trivia

Outspell

Mini Crossword

• Get Card • Edit Info • Update interests



FREE GAMES

Magnifying Glass + Flashlight – *Read the Menu in a Dim Restaurant*

Available for iPhone and Android
Cost: Free

One-in-three people 65 and older have some form of eye disease,[3] making it difficult to read small print. If you've ever had trouble reading a restaurant menu, forms at the doctor's office, or labels on food packaging, a magnifying app could be a handy tool.

This magnifying app uses your phone's camera to zoom in on whatever you point it at, and you can quickly turn on the light to illuminate what you need to read. With a touch of the screen, you can also “freeze” what you are looking at, so you don't have to point it in the same spot the entire time you're reading.

Magnifying Glass + Flashlight

RV AppStudios
Contains ads · In-app purchases

4.7★ 86.5K reviews | 10M+ Downloads | E Everyone

Install | Add to wishlist

You don't have any devices

SUPPORT

Candoo

About Consumers Enterprises Resources Order Now Sign In

Members Support

We make technology easy.

Candoo Tech provides tech support and training to help older adults feel more comfortable with phones, computers, tablets, and more. We work with enterprises including senior living facilities, healthcare and directly with consumers. Our services are remote and nationwide.

Get started:

Consumers | **Enterprises**

Hel

Keep family members safe, connected and engaged.

Online Session

Your loved one will connect with one of our experienced Tech Concierges in a 1 hour session. They'll help them fix what's not working with their phone, computer, tablet, or teach them something new.

Learn more.

$60.00

Online Membership

Our Tech Concierges are available for unlimited quick support and (2) 90-minute remote sessions per year.
$19/month.

Learn more.

from $228.00 every 12 months

Type:

Device Installation and Setup

Does your loved one want to get a new phone, tablet, computer, or another device? We will help them figure out what to buy and set it up for them, so it's ready when they open the box. Consultation, set-up & 1 hour remote lesson included.

Learn more.

$180.00

Help

Computer Service Plan

Your Personal Computer Tech Support Team!

Have you ever wished you had your very own Nerd on Call? You can!

It's Fast!

*Call or Click the Support icon for near-instant access to a Nerd

*No waiting for an available on-site appointment

*Most fixes can be done immediately!

It's Convenient!

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THANK YOU!!

Tina Barnett, Founder
Elderberry Care Tech Support

Board Member and
Tech Education Chair
LEARN Idaho
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Resource Network, Inc.)