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Lifelong Education & Aging Resource Network



Preventing Burnout with Boundaries

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Sustainable Caregiving

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Presenter

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Owner, Sustainable Caregiving



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Thank You!

Theresa Wilbanks

Owner, Sustainable Caregiving

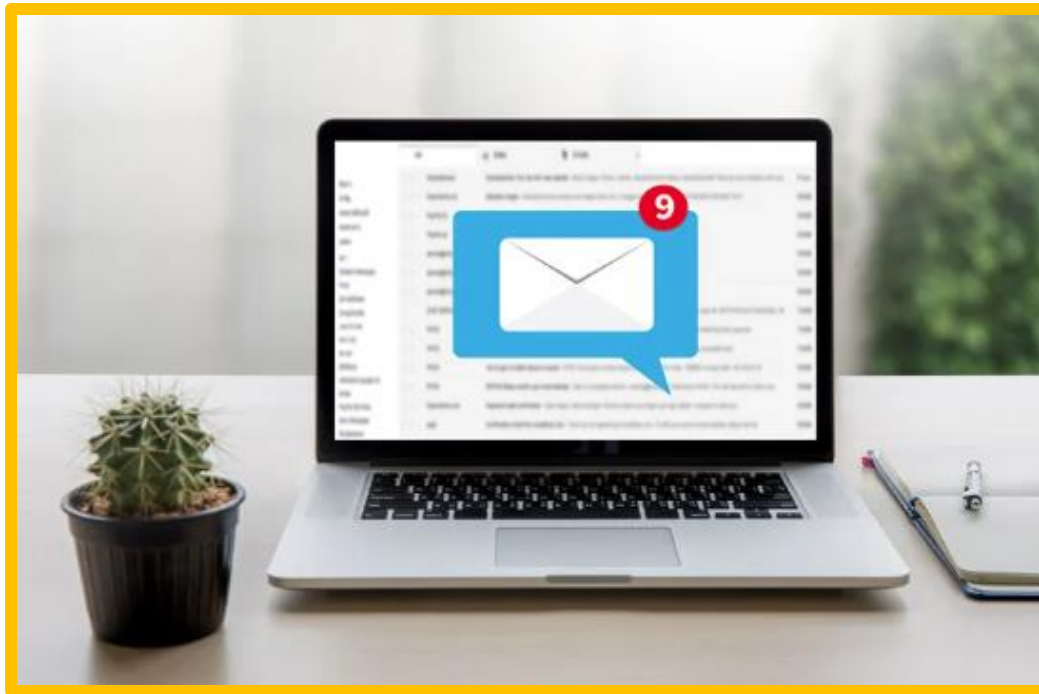


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LEARN

Lifelong Education & Aging Resource Network



Mission: Helping people navigate the joys and challenges of aging and caregiving.



Vision: Serving as a trusted source of information and resources - for the community by the community.



Purpose: Providing FREE education for mature adults, family caregivers, and the professionals serving them.

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