

Senior Living Options in Idaho

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Gentle Hearts
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Overview of Senior Living Options

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Skilled Nursing Facilities (SNFs)

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Age in Place



Skilled Nursing Facilities (SNFs)

Licensed medical facilities providing 24/7 nursing care, rehabilitation, and specialized medical services.

Ideal For: Individuals with complex medical needs, post-surgical care, and rehabilitation.

Comprehensive medical care, short-term rehab options, insurance coverage, life enrichment.

Assisted Living

Residential communities providing help with activities of daily living (ADLs), such as bathing, dressing, meals, and medication management.

Ideal For: Seniors needing moderate assistance but wishing to maintain independence.

Social engagement, personalized care plans, varied amenities.

Limited medical care, cost increases with higher care levels.





Memory Care

Specialized assisted living designed for individuals with Alzheimer's and other dementias.

Ideal For: Seniors with memory impairment needing a secure environment and structured activities.

Pros: Specialized programming, secure environment, specially trained staff.

Higher cost, limited availability.



Certified Family Homes (CFHs)

Certified private homes providing care for 1-4 residents.

Ideal For: Seniors preferring a small, home-like setting with personalized care.

Pros: Affordable, personalized attention, community-based care.

Can have limited social activities compared to large buildings.





Age at Home

Supporting seniors who wish to remain at home safely and independently.

- Home Modifications: Ramps, grab bars, stairlifts, smart home tech, etc.
- In-Home Care: Personal care, housekeeping, medication management.
- Physician House Calls: Medical assessments, chronic condition management.
- Telemedicine: Remote consultations, medication management.
- Community Programs: Senior centers, meal delivery.

Maximizes independence, familiar environment, customizable solutions.

Limited emergency care, may not suit advanced medical needs.





Q&A / Discussion





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Thank you!



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