



CARE COLLECTIVE

A Respite Program for Adults with Dementia

WHO WE ARE

Care Collective

The Care Collective is a Respite Care ministry for people living with dementia.

At Cathedral of the Rockies, “All Means All,” including adults with memory loss. The Care Collective offers respite care for Participants with dementia and their Caregivers.

- Participants enjoy fun, engaging, and stimulating activities and a chance for social connection.
- Caregivers have time to rest, pursue interests, or spend time with family and friends.



WHY WE ARE HERE

Care Collective

We offer Caregivers an interval of rest, while supporting their desire to keep their loved one close.

- Caregiving often falls to a family member, and while this role is an honor, it can become overwhelming over time.
- Caregivers can experience physical and emotional fatigue, as well as diminished connections to family and community.
- In some cases, Caregivers' own health may be compromised, leading to loneliness, exhaustion, and burnout.



WHY WE ARE HERE

Care Collective

A dementia diagnosis can often lead to isolation and loneliness. We offer a safe, loving environment where Participants can build meaningful connections.

- While each day varies, our program includes mental and physical exercises, music, art, service projects, social activities, and family-style meals.
- The true joy comes from the relationships formed—where individuals feel valued, accepted, and supported.



WHAT WE DO

Care Collective

Physical exercise



WHAT WE DO

Care Collective
Music



WHAT WE DO

Care Collective

Mental Stimulation



WHAT WE DO

Care Collective

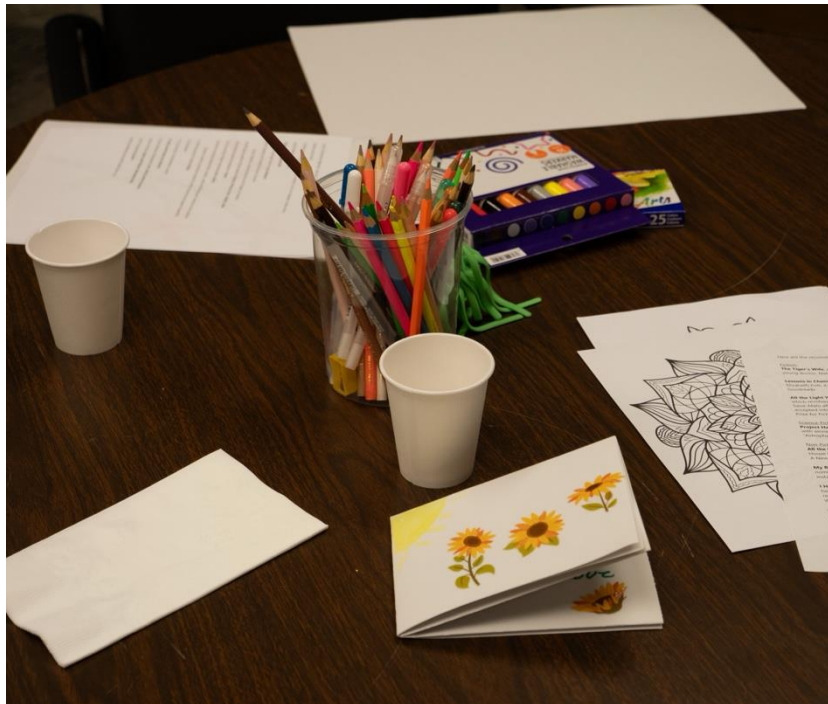
Special Interest



WHAT WE DO

Care Collective

Crafts



WHAT WE DO

Care Collective

Social Connection



WHAT WE DO

Care Collective

Everyone belongs

Because we have a social model of care...it's hard to tell the difference between Participants and Volunteers



Program Details



Program Information

Who: The Care Collective is designed for anyone living with **mild to moderate** dementia. We follow a **social model** of connection and participation. Participants should be able to feed themselves and go to the bathroom with minimal assistance.

When: We offer one day of respite each week on Thursdays from 10 am-2 pm with lunch included. Additional days will be added as this ministry grows.

Cost: The cost is \$55 per day.

Volunteers

The Lifeblood of the Care Collective

- Lead Activities
- Build Relationships
- Offer Hugs and Conversation
- Listen Intently
- Ensure Participants Feel Valued and Loved
- Provide Excellent Care Marked By Compassion



Participant Bill of Rights

Participants can expect to:

- **Be treated as an adult with respect and dignity**
- **Participate in activities that promote positive attitudes of one's usefulness and capabilities**
- **Be encouraged and supported in maintaining one's independence to the extent that circumstances permit**
- **Decide whether or not to participate in a given activity**
- **Be cared for in an atmosphere of sincere interest and concern**
- **Be assured of privacy and confidentiality**



Our Mission



- Cathedral of the Rockies maintains a long-standing commitment to serving our community.
- Through our Respite Care ministry, our goal is to provide adults living with dementia an opportunity to find a loving community while providing their caregivers time for self-care.

Contact Us

To learn more about the Care Collective or to become a Volunteer, contact us at carecollective@boisefumc.org

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