



connected horse



equine guided memory support programs

The Art of Activation: The Connected Horse Program

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So, what words
come to your
thought..... when
you think about a
Horse?





Why Horses?

- Horses can mirror the people they are with – they can sense your emotions, and they can hear your heartbeat from 4 feet away.
- Horses don't put themselves first. They put the herd first.
- Horses are incredibly sensitive to their environment and others around them.
- Because of this sensitivity to people and the environment, horses are excellent at picking up our cues and energy before we even know we are aware of this ourselves

Why do we need a new approach?

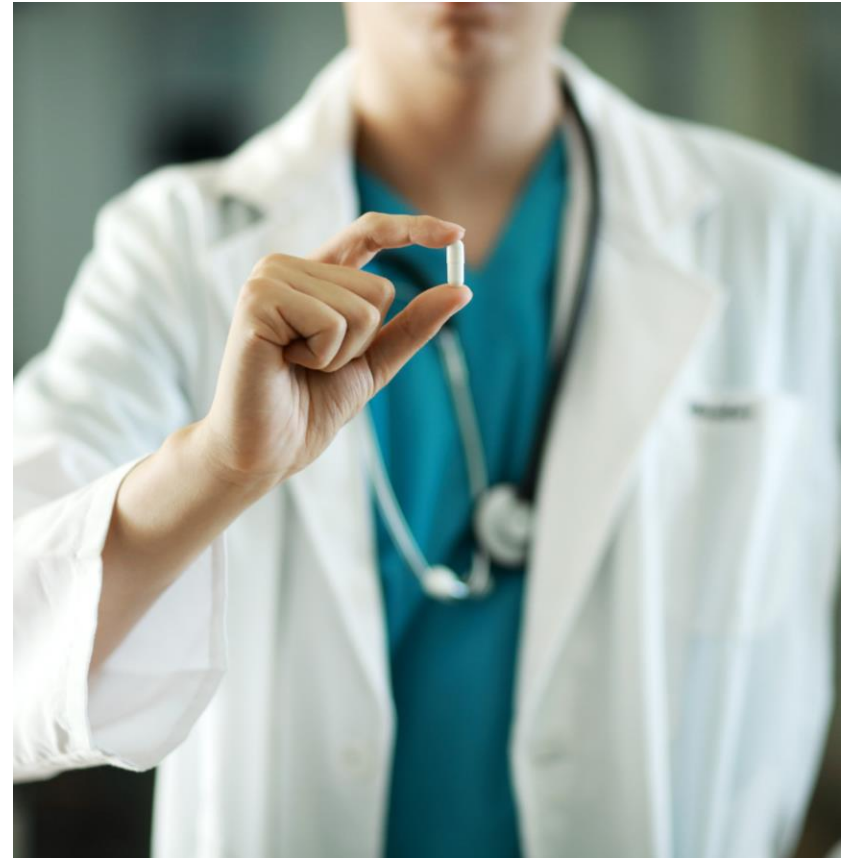
Many people and their families **do not reach out** for help after a diagnosis.

The need is **immediate** to support someone after a diagnosis and to move forward.

There is a **real stigma** with the topic of memory loss and cognitive challenges.

It is important to **activate** people right after a diagnosis to move into a self-directed approach for the journey ahead of them.

There is no magic pill but the rather **connection** to others is the glue needed for the road ahead.





Equine Assisted Learning Services

- Therapeutic programs for children with disabilities
- Veteran's programs
- Trauma programs
- Leadership programs
- Prison rehabilitation and skill building
- At risk teenagers
- And now... **for people affected by memory loss or impairment or a diagnosis of a type of dementia , AND joined by their care partners**



THE TEAM :

- The individual with a diagnosis
- The care partner
- The horses

The “roles” will begin to disappear
in this evidence -based approach



Connected Horse Program Benefits

Strengthening relationships
and Activation of the Pair



In Our Participants' Words

“Participating in the workshop was such a magical and deeply affecting experience” - K.



“The interaction becomes more than just an activity. It becomes healing.” – P.

“I was emotionally demanding that the horse come to me. He wouldn't. Then when I relaxed, he came. You know, and I said that was a good lesson for me.” – R.



“The smile on my mom's face and the joy that emanated from her heart was absolutely priceless.” – J.



“No words or donation amount can describe how impressed I was with your Connected to Horses workshop. You truly are a world-class group that delivers a world-class product. D. and I feel blessed and lucky to have the experience you provided”. – T.



A group of approximately ten people are sitting in a circle on white folding chairs on a grassy lawn. They are outdoors, with a large, leafy tree providing shade over them. The scene is overlaid with a semi-transparent blue filter. The text "UC DAVIS HEALTH" is centered over the group in a bold, white, sans-serif font. The people are dressed in casual attire, including jackets, sweaters, and jeans. Some are looking towards the center of the circle, while others are looking slightly away. The overall atmosphere is calm and collaborative.

UC DAVIS HEALTH



For more information about the Connected Horse Program contact:

- Nancy Schier Anzelmo & Paula Hertel, Co-founders
- www.ConnectedHorse.org