



**MY
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**Welcome To:
Applying for Adult
Disability Services**

Instructor Introduction:



Mary K Spears

Mary K Spears is a 4th generation Idahoan and 3rd generation Caregiver who was raised in a group home with 9 disabled adults. Growing up, she volunteered as a bowling coach for the Caldwell Eagles Special Olympic Team, read for the blind, and delivered Thanksgiving dinners and Toys for Tots to people with disabilities throughout the Treasure Valley.



DSP, Qualified Support Broker, NonProfit Leader

In her professional career, Mary has been a Direct Support Professional in home and community settings, worked in group homes, was a House Manager for a 6-bed assisted living facility, and since 2012, Mary has been a Qualified Support Broker with the DD Self Direct Option. In 2015, Mary founded My Places Community Events, which is a nonprofit providing community activities for people of all ages and abilities.



Life Long Caregiver

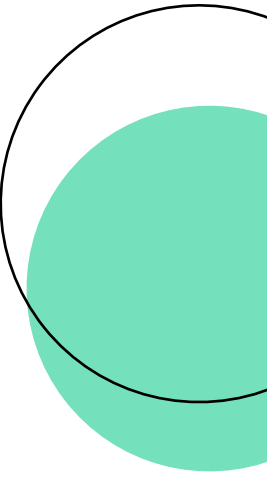
From 2018 - 2021 Mary served on the Community Care Advisory Council to the Legislature for CFH and RALF. At home, Mary's family includes her husband Daniel, Rachel, 16-year-old Xia, 9-year-old Xavier, 5-year-old Opal Faye, and her father Kent.

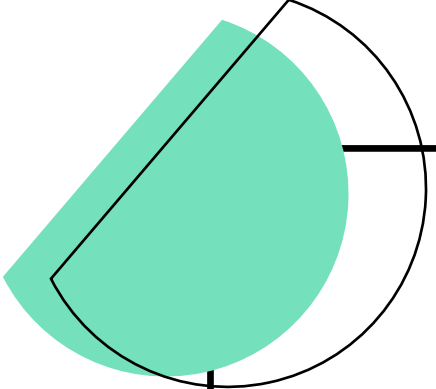
Mary has always had a passion for supporting people and truly believes, 'Everyone Deserves Support'

Applying For Adult Disability Services

Part 1: Where To Start

- ❖ **Qualifying Conditions or Diagnosis**
 - **What & When Matters**
 - **Documentation Requirements**
- ❖ **Entitlements Vs Needs-Based Programs**
- ❖ **3 Types of Benefits available for Adults with Disabilities**
 - **Disability Income**
 - **Medical Care**
 - **Support Services**





Qualifying Conditions & Diagnosis

Common Impairments Include:

Depression	Anxiety	Bipolar Disorder	PTSD	Arthritis
Diabetes	Lupus	Epilepsy	RSD	Asthma
Fibromyalgia		Cardiovascular Disease		

Impairments Effect:

- | | |
|---|---------------------------------------|
| 1.) Musculoskeletal System | 7.) Hematological Disorders |
| 2.) Special Senses & Speech | 8.) Skin Disorders |
| 3.) Respiratory System | 9.) Endocrine Disorders |
| 4.) Cardiovascular System | 10.) Multiple System Disorders |
| 5.) Digestive System | 11.) Neurological |
| 6.) Genitourinary System (Renal) | |

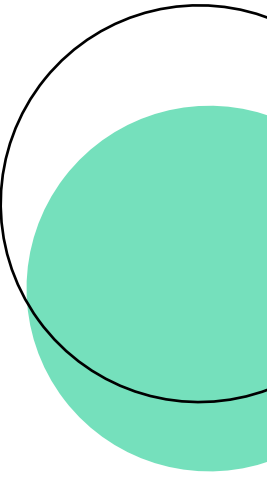
What & When Matters

Disability / Diagnosis

- ❖ Accident or Injury?
- ❖ Diagnosed at Birth?
- ❖ Diagnosed after 22?
- ❖ I don't know what's wrong!

Documentation

- ❖ Accident/Injury Reports from employer, police, EMTs, or hospital
- ❖ Medical Records including diagnosis and medications
- ❖ Letters from family or friends, journals, or dated materials to show pattern of support needs



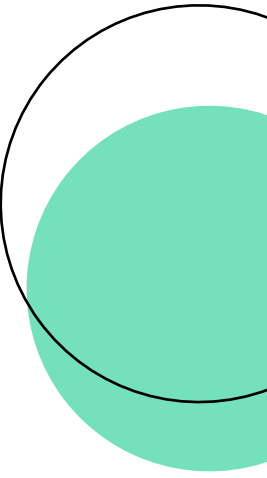
Entitlements

- ❖ Provided by Federal Government
- ❖ Meet Requirement = Receive Benefit
- ❖ Includes: Medicaid, Medicare, Social Security, Unemployment, and Antipoverty Programs
- ❖ Rights granted to citizens by Federal Law
- ❖ Programs may or may not require contribution

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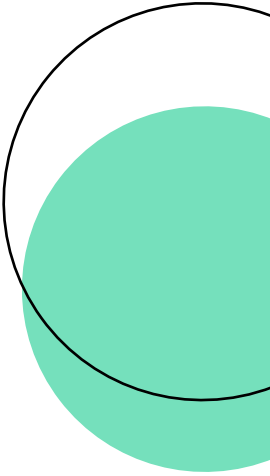
Needs-Based

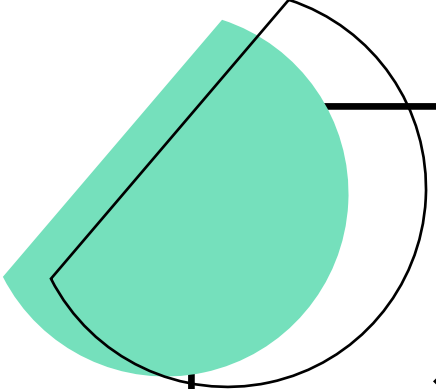
- ❖ Welfare Programs
- ❖ Also known as means-tested public benefits
- ❖ Have strictly defined asset and resource requirements
- ❖ While programs are a legal right, to use it depends on income level
- ❖ Programs start at or below the Poverty Threshold and vary by State and Purpose



Benefit Types

Income	Medical	Support/Service
Federal Program	Medicare: Federal	State Program
Must Apply with Social Security	Entitlement Part A Hospital Part B Medical	Needs Based
Social Security Disability Insurance (SSDI) Entitlement	Medicaid: State	Medicaid Waivered Services & SNAP
Supplemental Security Income (SSI) Needs-Based	Entitlement Covers Durable Medical Equipment, ER Transportation, Rx Healthcare, Hospice. Always Secondary Coverage.	Requires Eligibility Determination Financial Criteria Medical Criteria





Links to Resources

- ❖ [Entitlement Programs](#)
- ❖ [List of Some Common Impairments | Social Security Disability Application Help](#)
- ❖ [Social Security Disability Advocates](#)
- ❖ [Prepare to sign up | Medicare](#)
- ❖ [idalink](#)
- ❖ [Apply for Medicaid for Elderly or Disabled Adults | Idaho Department of Health and Welfare](#)



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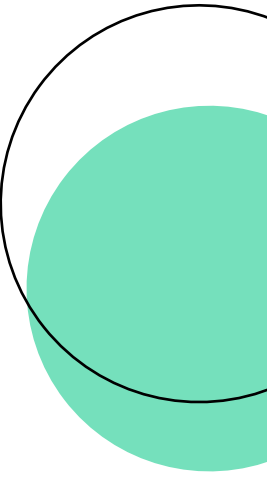
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Questions?

Applying For Adult Disability Services

Part 2: The Difference Between Waivers

- ❖ **Idaho Medicaid Waivered Services**
 - **Aged & Disabled Waiver**
 - **Developmental Disability Waiver**
- ❖ **Choosing Which Waiver Applies to Your Situation**
 - **Eligibility**
 - **Requirements**



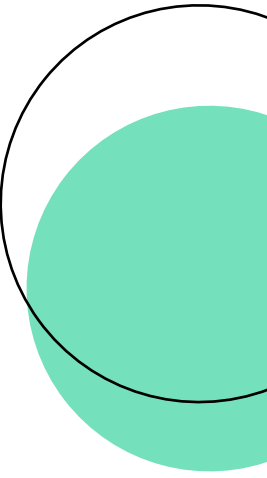
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What is the Aged & Disabled (A&D) Waiver?

The Idaho Aged and Disabled (A&D) Medicaid waiver program provides an alternative to nursing homes for people who are aged, blind, or disabled by providing nursing home level care services to people in their homes. The A&D Waiver will also pay for services in assisted living communities such as Residential Assisted Living Facilities and Certified Family Homes.

Services Available

- ❖ Adult Day Health / Adult Day Care
- ❖ Adult Residential Care
- ❖ Attendant Care
- ❖ Meal Delivery Services
- ❖ Non-Medical Transport
- ❖ Personal Emergency Response (PERS)
- ❖ Consultation Services
- ❖ Residential Habilitation Services
- ❖ Self-Directed Services

Program Requirements

- ❖ 65 years old or older
 - 18-64 may qualify with SSA Disability Designation
- ❖ Require Nursing Home Level of Care

Applications can be done online, in person at a Health & Welfare office or over the phone at 1-877-456-1233

What is the Development Disabilities (DD) Waiver?

The Developmental Disabilities (DD) Waiver is a Program that provides home care and community-based services to adults and children who have been diagnosed with a lifelong developmental disability, cognitive impairment, or related condition.

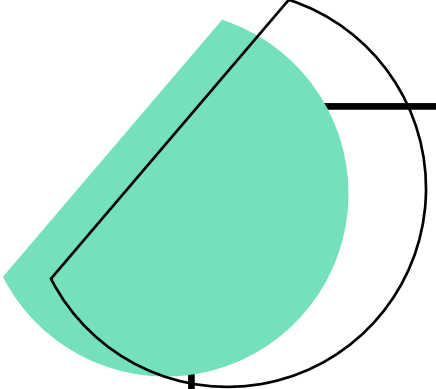
<u>Program Requirements</u>	<u>Services Available</u>	
❖ A person whose disability surfaced before the age of 22 ❖ Needs require a combination of special, interdisciplinary, or generic care, treatment, or other support services ❖ Requires Services which will be lifelong or extended duration ❖ Requires Services that must be individually planned & coordinated	❖ Targeted Services Coordination or Plan Development Services (TSC/SB) ❖ Residential Habilitation ❖ Respite Care ❖ Non-Medical Transport ❖ Specialized Medical Equipment ❖ Home Delivered Meals ❖ Adult Day Health	❖ Behavior Consultation and Crisis Management ❖ Developmental Therapy ❖ Chore Services ❖ Supported Employment ❖ Environmental Modifications ❖ Personal Emergency Response Systems (PERS) ❖ Nursing Services ❖ Community Crisis Supports ❖ Self-Directed Services



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Links to Resources

- ❖ [Self-Help Tools](#)
- ❖ [Idaho Medicaid Aged and Disabled \(A&D\) Waiver Provides Home and Community Based Services](#)
- ❖ [Services for Adults with Developmental Disabilities | Idaho Department of Health and Welfare](#)
- ❖ [About Adult Behavioral Health | Idaho Department of Health and Welfare](#)