



Aging Strong Memory Cafés for Idaho

Understanding their purpose, tracking their growth, and recognizing each as a lasting resource for connection across Idaho.



Non-Profit | Jannus | Programs powered by Volunteers

www.AgingStrong.org

Changing the Lives of Older Adults Through Service & Connection

Purpose of Memory Cafés



The Memory Café Encourages Friendship and Acceptance

- A safe, supportive, and engaging space where family caregivers and their loved one with memory loss come together.
- A break from the normal routine — time to socialize, learn from monthly topics, take part in activities, and build resources for changing needs.
- A time for mutual support, shared stories, and laughter — and the reassurance that you are not alone.
- Facilitated by our experienced Volunteer team, offering a positive experience for everyone who walks through the door.



Who Benefits from a Memory Café?



People with Memory Loss

Individuals at any stage of Alzheimer's or dementia who seek connection and joy



Family Caregivers

Spouses, adult children, and loved ones who need respite, community, and peer support



Volunteers

Community members who want to give back in a meaningful, flexible, low-barrier way



The Community

Neighbors, providers, and organizations that grow awareness and reduce stigma





Behind the Scenes of Cafés: Volunteers and Community



Current Memory Café Volunteer Leaders:

15 Volunteers, Working in teams of 2 -5
Backgrounds: Past caregivers and health care professionals
Volunteering 3-5 hours a month, 3-hour initial training and monthly collaboration/training meetings

Community Collaborations/Partnerships:

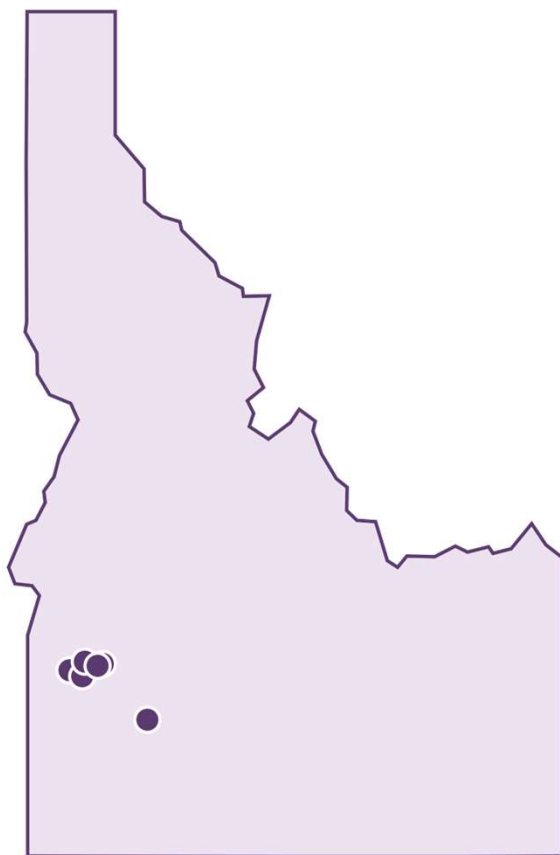
24 organizations providing speakers in the last 6 months
7 libraries supporting through outreach and hosting



6 Therapy Dogs and Handlers

Memory Cafés in Idaho

Current Locations



Six in-person cafés, plus one statewide online café

- **Nampa Public Library**
Nampa, Idaho
- **Kuna Library**
Kuna, Idaho
- **Mountain Home Library**
Mountain Home, Idaho
- **Orchard Park Library**
Meridian, Idaho
- **Bown Crossing Library**
Boise, Idaho
- **Ada Community Library — Victory**
Boise, Idaho

Online Memory Café — Statewide

Hosted by St. Alphonsus Memory Center · serves all of Idaho





NEW Statewide Memory Café Facilitator Training!!

- * Eight Module Curriculum includes: 'Big Picture' History/Purpose and benefits of Memory Cafes, to 'Nuts and Bolts' of starting your own café and engaging the support IN YOUR COMMUNITY to keep it going!
- * Start Up Kit with tested tools and tricks to launch your first Memory Cafes
- * Interactive training designed to address the specific needs of YOUR community!
- * Access to Aging Strong staff and statewide networks for ongoing support

1st

3-hour virtual Facilitator training held June 2026

9 Attendees from SIX agencies

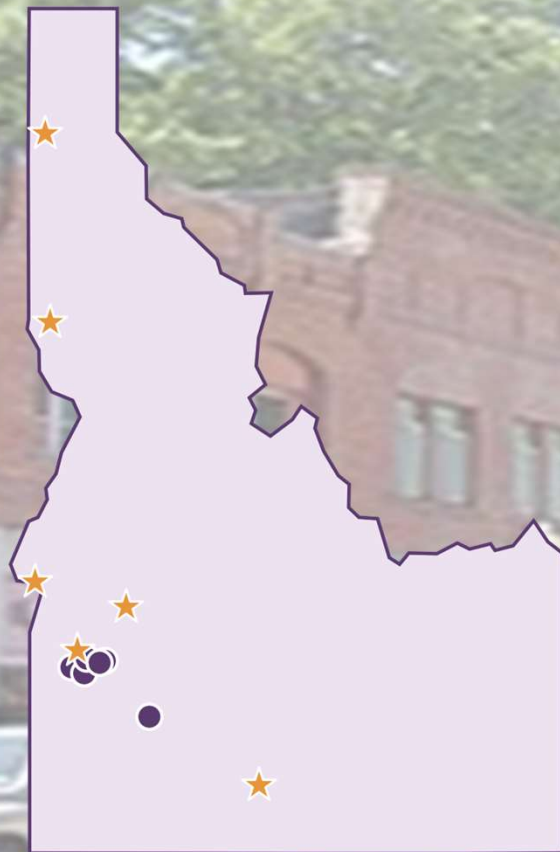


Sign up for the Fall 2026 training now!



Growing the Network

Current Cafés + Anticipated Cafés (Next 6 Months)



Current locations

- Nampa
- Kuna
- Mountain Home
- Meridian (Orchard Park)
- Boise (Bown Crossing)
- Boise (Ada/Victory)
- Online — statewide (St. Alphonsus)

Anticipated by end of 2026

- ★ Star
- ★ Crouch
- ★ Weiser
- ★ Twin Falls
- ★ Spirit Lake
- ★ Lapwai

NEW: JUNE 2026

**The TRANSITION
CAFÉ**

**For caregivers who
have lost a loved one
and are working to
rebuild their lives
with connection and
purpose.**

Recognizing Memory Cafés as a Resource for Ongoing Support & Community Connection

A Growing Network of Support

Memory Cafés work because they don't work alone



Public Libraries

Familiar, welcoming spaces across the Treasure Valley open their doors monthly — with new library partnerships continuing to grow.



Idaho Commission for Libraries

A statewide partner helping connect programming needs with communities that want a Memory Café of their own.



Healthcare Partners

Organizations like St. Alphonsus Memory Center extend the reach of support beyond any single physical location.



Community & Funders

A growing circle of local leaders, funders, and volunteers helps sustain every café for the long term.

Every new partnership means the same thing to a family: one more familiar place where they're known, welcomed, and supported — month after month.



Thank You!

*You are making a real difference for people living with memory loss
and the families who love them.*



Questions? Karen Kouba McIver, Caregiver Team Lead at Aging Strong

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